## Quartzos Allergen Information

### Ingredients

- **Italian Herb Bread**
- **Bosnian Parmesan Bread**
- **Giannis White Bread**
- **Whole Grain Bread**
- **Gluten Smart Bread**
- **Pizza Flaxseed**
- **Cheddar Cheese**
- **Mozzarella Cheese**
- **Swiss Cheese**
- **Italian Edio Cheese Blend**
- **Alfredo Sauce**
- **BBQ Sauce**
- **Chopotle Mayo**
- **Honey Bourbon Dressing**
- **Honey French Dressing**
- **Honey Mustard**
- **Tuna Pepperoni - Batch 03**
- **Tatertots Sauce**
- **Lettuce**
- **Lobster**
- **Black Amurs**
- **Capicola**
- **Chicken**
- **Ham**
- **Lobster**
- **Pepperoni**
- **Salami**
- **Turkey**
- **Bacon**
- **Gyro**
- **Black Angus**
- **Capicola**
- **Chicken**
- **Ham**
- **Lobster**
- **Pepperoni**
- **Salami**
- **Turkey**
- **Meatball**
- **Cucumbers**
- **Guacamole**
- **Red Onions**
- **Sautéed Green Bell Peppers**
- **Sauerkraut**
- **Sautéed Mushrooms**
- **Sautéed Onions**
- **Lettuce**
- **Tomatoes**
- **Au Jus**
- **Banana Peppers**
- **Black Olives**
- **Jalapeno Peppers**
- **Pepperoncini Peppers**
- **Pickles**
- **Smoked Chicken Broth**
- **Garlic Spread**

### Specials

- **The Big Fat Greek Sub**
- **Classic Club**
- **Classic Italian**
- **Honey Bacon Club**
- **Signature Tuna**
- **The Traditional**
- **Turkey Bacon Guacamole**
- **Turkey Ranch & Swiss**
- **Veggie Guacamole**
- **Mesquite**
- **Baja**
- **Carbonara**
- **Honey Mustard**
- **Pepperoni**
- **Carribean Honey Beef**
- **Peppercorn Steak**
- **Black Angus**
- **Chiptole Steak & Cheddar**

### Flatbreads

- **Big Pepperoni**
- **BBQ Chicken**
- **The Italian**

### Salads (Excludes dressing)

- **Mediterranean**
- **Honey Mustard Chicken**

### Soup

- **Chicken Noodle**

### Sides & Dessert

- **Smoky Garlic Bread (not including garlic)**
- **Oatmeal Raisin Cookie**
- **Double Fudge Cookie**
- **Deep Dutch Brownie**

### Contact Information

- **Tel:** 869-1234
- **Email:** contact@quartzos.com

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**Products may be produced on shared equipment or in the same facility with other products containing allergens including tree-nuts and peanuts. Quiznos attempts to provide ingredient information regarding its products that is as complete as possible. The information contained in this document is based on standard product formulas. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions and/or product production at the restaurant. Some menu items may not be available to all restaurants; test products, test formulations or regional items may not be included. All items are prepared in common areas and may contain trace amounts of ingredients contained in other products. All text, images, and white background unless otherwise noted.**

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**Since 1981.**